

# Seeing Angels



In a new series of articles, **Annmarie O'Connor** interviews people in the public eye and asks them about their life and faith

**L**ORNA Byrne has been seeing angels since she was a child. Her remarkable gift has lead people from all walks of life to seek her spiritual insight. Her autobiography *Angels in My Hair* is the rare testimony of a modern day mystic.

**When did you first start seeing angels?**  
I cannot remember any time in my life when I didn't see angels. I remember many times, as a baby, my mother bending down to pick me up, and seeing these beautiful creatures floating around her.

They looked like small children, only much brighter. I would reach out to try and touch them and I could hear their laughter as they played with me.

I did not know then that these were angels and I of course thought everyone else could see what I saw. I was disappointed to learn, later,

from the angels, they did not.

**How do they appear to you?**  
I wouldn't say that angels appear to me. They are there all the time and it's just that they sometimes let me see them.

I might be walking down the street or out shopping, doing the ordinary things in life, and for no apparent reason I would see angels — guardian angels and other angels walking beside people or helping them.

I feel privileged that the angels allow me to see them. Sometimes, an angel will bow, acknowledging that I have been allowed to see it. Other times, an angel will communicate without words, asking me to pray for the person they are with.

Mostly angels appear to me in a form which is like that of a human, either with or without wings. Occasionally, I will see a bright light beside a person which opens slowly like a door, and

standing there I will see an Angel.

**What inspired you to write 'Angels in My Hair'?**

God and the angels have inspired me to write this book. When I was a child an angel told me that that I would write about them in the future. As I grew older they reminded me of this, and I used to laugh. As I had dyslexia, there was no way I believed that I would ever write a book, but I have, and now it's being launched which is very exciting.

**What can we learn from the angels?**

One of the most important things we learn from the angels is that God exists. God has sent the gift of angels from heaven; he has not left us alone.

Each and every one of us — regardless of our beliefs or religion — has a Guardian Angel that is always with us. God sends us many angels at

different times, to help us, but one angel always remains by our side, our Guardian Angel. Angels are here to help us. All we have to do is ask, and then listen to the answer. It's as simple as that.

**Who seeks your spiritual insight?**

People come from all different walks of life, all religions, and all age groups. Whoever comes to me, I know that God and the angels have sent them.

One of the things people often question me about is their purpose for being in this life. Often they think that the ordinary existence of rearing family, helping neighbours, doing an honest days work is not enough.

The truth is that our purpose in life is to look after each other, to live life fully and enjoy the wonderful gift we have been given. In most cases, our destiny is to do those everyday things.



Above: The figure of Christ beckons to angels representing the four directions in a mural painted by Rita Vanderventer at St Francis Church in Red Cliff, Wisconsin, USA. Photo: CNS. Top: Lorna Byrne.