

## **Lorna Byrne Newsletter Christmas 2009**

Hello and welcome to my Christmas newsletter.

Christmas starts for me at the beginning of December. It's the start of the intertwining of the old and the new year to create a new beginning. For each and every one of us this time is an opportunity to let go of the past and look to the future. This is a time that is important in all religious traditions; it is a time of spiritual openness, an opportunity for a new start.

Every Christmas since I was a young child I see legions of God's angels, millions of them, countless in number, pouring from the heavens. Each angel is holding a ball of light, which it lovingly drops on to a home. Then I see an explosion of light fill every nook and cranny of the home, lighting up the brickwork and the cement in between and touching everyone living in that home.

As a child I loved seeing this but always wondered what they were doing and what it meant.

When I became an adult the angels explained to me that these were gifts from God - gifts of love and hope, to touch everyone regardless of religion or belief and giving them a glimpse of heaven.

Young children have just come from heaven and for a while they remember a little of heaven. These children accept gifts from God as naturally as they do a toy from a parent. You sometimes hear adults say Christmas is only for young children, but it is for all of us regardless of age - teenagers, adults and the elderly.

God sends his angels to pour these gifts on to every home in the world – a tent, a box, a palace. From the beginning of December until the end of January the angels continuously drop onto our homes the gifts of love, hope, and a glimpse of heaven.

What a gift we are being given by God. Imagine for one second what the world would be like if each and every man, woman and child accepted even a fraction – even a spark of the love and hope that is given.

I know if this happened, then everyone would strive towards making this world a better place - making this world resemble more closely the glimpse of heaven they have been shown.

Let us try. Let us all become like young children this Christmas and accept the gifts that the angels are delivering into our homes.

The Angels are asking me to remind you all to make sure that no one is alone this Christmas. Maybe take a minute or two and just think, is there anyone around you that may be alone this Christmas?

If so, invite them to visit or come to dinner.

At Christmas play your part, especially if there has been a rift in your family. Invite relations to dinner; make them feel that you would really love to share Christmas with them. It is never too late to try and mend bridges. Try.... open your door and invite them in.

Don't forget the people in your community either. People who live alone, or even a couple that rarely have visitors. Try and make the time to drop in and say hello. Perhaps bring a Christmas card or a little gift. You might be shy or embarrassed about doing it. Sometimes people that don't have many visitors become a little grumpy, or even a little scared when you knock on their door – don't let this put you off. Just do it! Give them a big smile and a little of your time.

This is not just about the elderly - there could be a young person in your neighbourhood, who can't go home for Christmas. Try and notice things, and then do something about it. Maybe you know someone that would find it really hard to go to someone else's house for Christmas but perhaps you could call to their home for even twenty minutes, and maybe bring a hot Christmas dinner and just leave it without asking them.

Stay in contact with your friends over the Christmas and especially keep an eye out for those young teenagers. Sometimes the world feels like a very lonely place to them.

This is an important thing that God and the angels ask of you. I know it may not be easy, and you may feel as if it's a waste of time but I can assure you it's not, so try and remember to think of who might be alone or in need this Christmas.

Wouldn't it be wonderful if this Christmas there was no suicides through loneliness, through a person thinking that no one loved or cared for them.

Don't forget this Christmas to let all your family know that you love them. Make sure to tell your husband, wife or partner, your children - regardless of their age, your parents, your friends and relations that you love them.

Two weeks ago I was out with my daughter Megan and was standing in a queue in a big supermarket waiting to pay. I could see the spirit of Christmas already present in some young children. I asked the angels to please let all the young children pass this on to the adults around them.

As I stood there my attention was brought to a mother and her thirteen or fourteen year old son. There were loads of angels around them singing Christmas songs. I asked the angels silently what was going on. In response the light behind the teenage boy opened up and I was shown his Guardian Angel just for a split second. I nearly burst out laughing – his Guardian Angel resembled Santa Claus! His Guardian Angel said to me “Look, Lorna, this boy has the spirit of Christmas moving inside of him.”

I was shown something wonderful that really touched my heart. The boy lit up, and his soul came forward smiling with happiness. Most children at that age have lost some of the joy of Christmas. This young man truly had it in abundance. The angels surrounding him and his mother were full of the Christmas spirit, sharing in his joy. Some of the angels had santa hats on, others were carrying stars and I saw two angels throw two balls of light into the air, which exploded and seemed to spread throughout the shop, touching men, women and children.

I was allowed to hear the boy speaking to his mother with great excitement, happiness and anticipation. He spoke of his love for Christmas decorations, for making the crib and going to the church on Christmas Eve. I heard him say to his mother that after Christmas mass it was as if, “We bring home part of God's Christmas to our house.” His mum gave him a hug which he wriggled out of pleading, “Mum don't do that in a shop!”

The young teenage boy picked one of the small soft toys on the shelf in front of him saying “This is not too expensive, Mum.” The angels were showing me that he was looking for a present for his little sister and that neither he nor his mother had much money – in fact things were very tight. The tenderness and love that this teenage boy was showing towards his mother and sister filled me with joy.

I asked the angels silently whether this young man had reached out and taken a spark from one of the balls of light that had exploded over his home – was that why I was seeing so much love and joy and so much spirit of Christmas in him.

And the Angels said. “Yes Lorna.”

I ask God and the angels for blessings for you and your family this Christmas and for 2010. I thank all of you who have helped to spread the word of “Angels in my hair”. The angels thank you for being their ambassadors.

Lorna

Like to read some more about what the angels have told Lorna about Christmas?

- This article "Seven things the Angels would like you to know this Christmas" is being published in Spanish right across Latin America - <http://www.lornabyrne.com/7thingsatchristmas.html>
- Lorna wrote this exclusive account of Christmas as a seven year old for Cygnus magazine. <http://www.cygnus-books.co.uk/byrne-lorna-a-priceless-gift-of-christmas-a688.html> For those of you who don't know Cygnus yet it's an inspirational book club, based in Wales, which produces a wonderful free magazine every month. Check it out here [www.cygnus-books.co.uk](http://www.cygnus-books.co.uk)

Keep up to date with Lorna's news. Join her fanpage on face book.

<http://www.facebook.com/lornabyrneangels>

### **Forthcoming events**

London - 1<sup>st</sup> February 2010. Lorna speaks at Alternatives, St James's Church, Piccadilly, London. For details and to book click here

<http://www.alternatives.org.uk/Site/EventDescription.aspx?EventID=740>

Dublin –24th February 2010. Lorna in conversation with Roisin Ingle. Concert Hall, RDS, Ballsbridge, Dublin 4. For details and to book [click here](#)

[http://www.seminars.ie/seminars/seminar\\_details.php?event\\_id=174](http://www.seminars.ie/seminars/seminar_details.php?event_id=174)

Salzburg, Austria -7<sup>th</sup> – 9<sup>th</sup> May. Lorna will speak at the 10<sup>th</sup> International Angel Congress. Lorna will be interviewed in English with translation into German. For details and to book click here. <http://www.engelkongress.de/>